

Tennesseans For Raw Milk



**Farms and Naturopathic doctors
located East and SE of Nashville, TN**

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Here is the information you requested, as close as we can get to your location.

PLEASE NOTE: Farmers are listed at the top here. Scroll down to find Naturopathic Doctors for this area.

FARMERS

* **Murfreesboro, TN**, Arden Ward, raw goat milk, offered through herd shares, these are spoiled-rotten, pampered, and very loved Oberhasi goats, they are known for their sweet and delicate tasting milk, highly sanitary farm, organically raised, contact Arden at eponal1@comcast.net, you can phone her but only after 5:00PM on weekdays or anytime on the weekends at 615-351-2690.

* **Murfreesboro, TN**, Allen's Acres, Floyd and Alita Allen, My name is Alita Allen and my husband and I have some room on our cow share! We have a \$20 cow share fee with \$6 for labor per gallon paying upfront every month and a \$3 jar deposit, our cows are grass fed and very well looked after. I also make butter, bread and cheese. I

do drop offs in **Lebanon, Mt Juliet and Murfreesboro**. Anyone can email me and I will be happy to give them some more information, fa.allen@hotmail.com

* **Mt. Juliet, TN**, Janet Turner, pastured raw goat milk but customer must come to farm, (northeast a little from Nashville) (615) 754-9388, JanetinTenn@aol.com, FOR PET CONSUMPTION ONLY.

* **Gainesboro, TN**, Larry and Cindy Horvatin, Chorval (herd name). Nubian, Nigerian and Mini Nubian goats. (931) 678-4240, chorval@twlakes.net . Raw milk to purchase FOR PET CONSUMPTION ONLY, please bring your own container.

* **Lebanon, TN**, Brian Harville, raw milk Jersey cow-shares, “we a small family farm that is offering shares for sale in our registered, purebred Jersey cows. Milking labor fee will be \$6 per gallon per week and for my labor you will receive 1 gallon of YOUR OWN wonderful, whole, fresh, raw milk. For \$7.50 we deliver your milk. We are only 30 min. east of Nashville and 25 min. north of Murfreesboro. (2 miles off 840). We do use organic practices but are not certified. The address is 1215 Oak Grove Road Lebanon Tn 37090. Our website is www.knbjerseyfarm.com . We do look forward to hearing from you,” **delivers into Franklin, Nashville, and Murfreesboro**, For more info contact brianharville74@yahoo.com

* **Lebanon, TN, & Lenoir City**: Hillpost Farms 1265 Old Rome Pike, Lebanon, TN 37087 & 3875 Buttermilk Rd. Lenoir City TN, 37771; D. L. Mase, (615) 476-4286; Cow, Jersey w/grass-genetics & humane cow/calf management; Grazing, alfalfa, minimal grain to maintain cow condition; no hormones or antibiotics with organic pest control; all milk collected with in-line filter. For more information visit their website at hillpostfarms.com.

* **Lebanon, TN**, PASTURED EGGS, Glenn Edwards, We have several laying hens and are selling eggs from them. We sell these eggs for \$2.50 per dozen. I had a few calls about soy free eggs, so I got some soy free laying feed custom made for me and have a young flock of chickens that I am feeding it to. They are beginning to lay and we are selling soy free eggs for \$4.00 per dozen. If you hear of anyone needing soy free eggs please let them know about us. We also raise cattle, chickens, pigs, and a few goats. All of our animals are free-range, pastured, no hormones, no antibiotics. For more info contact edwardsg@pipeline.com, or call (615) 444-7315.

* **Spencer, TN**, Fall Creek Farms, www.fallcreekfarms.net 931-946-2229 or email at fallcreekfarms@gmail.com. Dana Bleasdale has been raising Alpine and Alpine Cross goats for over a decade, using the milk fresh and making a variety of cheeses. Recently started herd share, with deliveries weekly to Cookeville, Algood, Sparta, Chattanooga, and Fall Creek Falls. Milk is double strained, chilled, delivered in all glass containers. Looking to expand customer base especially in Chattanooga-Soddy

Daisy-Dunlap area. The goats free range on brush/pasture, and are fed a supplement of alfalfa.

* **Dunlap, TN**, Steven and Lisa Fields, pastured raw goat milk, fastfields@earthlink.net, my goats are well cared for and loved. I don't use medicated feed, and avoid antibiotics unless absolutely necessary. I only immunize with a cdt vaccine for enterotoxemia and tetanus. I am about 45 minutes north west of Chattanooga. I actually live on Cagle Mountain about 25 mins. from Fall Creek Falls State Park, southish of there anyway. FOR PET CONSUMPTION ONLY, Home number 423-949-9294 cell 423-762-1286.

* **McMinnville, TN**, Integrity Nubians, Brenda Bell, 1208 Grizzell Lane, McMinnville, Tennessee 37110, email: bellfas@blomand.net, phone: (931) 657-2229 days; (931) 686-2045 nights, website: integritynubians.com. Raw Goat Milk.

* **McMinnville, TN**, currently milking 2 cows, \$8 per gallon – Please provide your own containers – They prefer glass but its up to you. For pet consumption. Contact Melissa at 931-939-5021 or email melissa.jenkins@yahoo.com.

* **Watertown, TN**, Michelle Shrum, Butterfly-Morn Dairy Goats, 1580 Bell Rd., Watertown TN, close to Lebanon, Carthage, Auburntown, Centerville, Dowellton, Lancaster, (615) 772-3065, BUTTERFLYMORN2001@YAHOO.COM. Raw goat milk (Saanen and LaMancha), farm fresh eggs and occasional laying hens.

* **Deer Lodge, TN**, West Wind Farms—certified organic farm, wwfarms@highland.net, licensed by the TDA for 5 years, Kim Cole delivers to many Farmer's Markets, including **Franklin, Nashville, Murfreesboro, Memphis, Knoxville and Chattanooga**, they have raw cow milk—all A2, as well as goat milk, certified organic grass fed meats and eggs, www.grassorganic.com, (423) 965-3334, CSA Pet cow-shares

Naturopathic doctors in this area

* Murfreesboro, TN, Nutrition 4 Life Clinic, offering objective, blood-based health analysis, based on a 52-point blood panel and an in-depth analysis of your urine and hair, your Science Based Nutrition™ report includes recommendations for supplements, foods to avoid, a comprehensive review of your medications and the side effects, we strive for objectivity in nutritional healthcare and provide clear chiropractic options in structural healthcare. We help Murfreesboro residents reach optimum health, so they can reach their fullest potential in life. Contact Dr. Adam Brown at (615) 653-5264, or email drbrown@ajbrowns.com and visit the website at www.Nutrition4Life-TN.com

